

Life Fitness Models X9i, 8500, 9100, and 9500HR Cross-Trainers

How To... Replace The Crankarm Roller Assembly

Tools required: Allen wrench set, and Phillips screwdriver

1. Remove the outer link covers.
2. Remove the ALLEN-HEAD CAPSCREW from the end of the ARM EXTENSION.
3. Remove the setscrew and collar, then remove the roller bearing assembly.
4. Install the ROLLER BEARING in the reverse order. Make sure that a maximum of .005" clearance is maintained between the ROLLER BEARING and the COLLAR. Ensure that the roller can rotate freely.

